IF YOUR GLASSES ARE FOR...



THE CLASSROOM

Make sure you always wear them for class AND while doing your homework.



DISTANCE

Wear your glasses ONLY when you need to see the board or look at things far away.



READING

Wear your glasses any time you're reading (in class and out) or doing your homework.



ALL THE TIME

Your glasses are your new best friend.
Whether for school, sports or home, never leave them behind!



WHAT TO DO IF YOU BREAK OR LOSE YOUR GLASSES:

Vision To Learn will fix or replace your glasses within one year of receiving them.

Have your parent fill out the glasses form on www.visointolearn.org/glasses
Please include the CHILD'S NAME,
EXAM LOCATION and EXAM DATE

QUESTIONS ABOUT THE PROGRAM:

Email: westernpennsylvania@visiontolearn.org or

Call: (248) 716-4393

For more information, please visit visiontolearn.org 4284 Route 8, Suite 301 | Allison Park, PA 15101 (248) 716-4393



CONGRATS ON YOUR NEW GLASSES!

Look inside for important information about glasses for you and your parents



TAKING CARE OF YOUR GLASSES



Clean your glasses with dish soap and warm water



Dry them with a soft cloth like a t-shirt



Attach glasses to a strap around your neck for sports and activities



Always store them in the case provided when you're not wearing them

TIPS FOR PARENTS: How to Help Your Child Adjust to New Eyeglasses

- Remind your child that wearing glasses makes it easier to learn and succeed at school
- Help your child remember to wear his/her glasses as often as prescribed
- Establish a safe spot for your child to keep his/her glasses and case when not wearing them
- Make putting on glasses in the morning and taking them off at night part of your child's every day routine
- Notice other kids who wear glasses and talk about their glasses
- Compliment your child for wearing and caring for his/her new glasses
- Make sure the glasses are clean so they don't strain your child's eyes
- If your child is not wearing his/her glasses after several days, try to determine why:
 - Are the glasses uncomfortable?
 - If so, the frame or prescription may need to be adjusted

Your Child's Eyes Should be Re-examined Every Year.

Remember that eyes can change! Even if kids do have glasses, prescriptions change because their eyes are growing all the time.

It's also recommended your child's glasses be fitted EVERY 3-4 MONTHS!

