

**Steel Valley School District
220 East Oliver Rd.
Munhall, PA 15120**

NEWS RELEASE

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FOR IMMEDIATE RELEASE - REVISED

Steel Valley 5th Grade Girls Participate in National Program Boosting Self-Esteem

Munhall, PA – Steel Valley 5th grade girls have been involved in the national group “Fearlessly Girls,” a program created to help boost girls’ self-esteem and transition to middle school.

The girls have been meeting after school and were led by 5th Grade Teacher Katie MacDonald and Parent Volunteer & Steel Valley Board Member Meghan Fitzgerald.

“The experience has been rewarding for Meghan and I,” said MacDonald. “The girls are going to continue to meet in 2020 to create a kindness project; they have been amazing!”

The girls chose the following slogan to represent the meaning of Fearlessly Girls: “I say if I’m beautiful, I say if I’m strong, you will not determine my story; I will.”

"It was definitely clear that the girls understood the values and lessons we taught them, and for us that was the most rewarding part," added MacDonald.

The girls also designed t-shirts with their slogan on them and purchased the shirts through donations from the Steel Valley Veterans Banners Group and the Steel Valley Veterans Committee with the help of Mark Fallon.

Club funding was secured through a \$375 grant which covered the cost of the curriculum from the Fearlessly Girls national organization.

