

Steel Valley School District Meet Your Certified Athletic Trainer

Donovan Sarnacki, LAT, ATC, PES

Donovan Sarnacki is a certified athletic trainer for NovaCare Rehabilitation's outpatient center. He has been Steel Valley School District's Athletic Trainer since 2021 and has been eager to interact with the athletes, coaches, faculty, and all other new faces that Steel Valley will bring.

Donovan earned a Bachelor's of Science in Athletic Training from Duquesne University in 2020, and had previously worked with athletics programs at Pine Richland High School, LaRoche University, Robert Morris University, and Duquesne University. In addition to his background as an Athletic Trainer, Donovan also works with athletes of all ages and backgrounds as a Performance Enhancement Specialist with X Shadyside Health and Fitness. He has an extensive skillset that covers a variety of topics including but not limited to injury prevention, evaluation and management of musculoskeletal injuries, concussions, emergency care, and sports performance training.



What is an Athletic Trainer?

"Certified ATC's are healthcare professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis and intervention of emergency, acute and chronic medical conditions involving impairment, functional limitations and disabilities. Athletic training is recognized by the American Medical Association as a healthcare profession." - Board of Certification

Are they Qualified?

All certified and/or licensed Athletic Trainers must have a Bachelor's or Master's Degree from an accredited college or university and pass the Board of Certification Exam in order to practice Athletic Training.

NovaCare Rehabilitation
495 E Waterfront Dr, STE 240
Homestead, PA 15210

X Shadyside Health and Fitness
5608 Walnut St.
Pittsburgh, PA 15232



SHADYSIDE